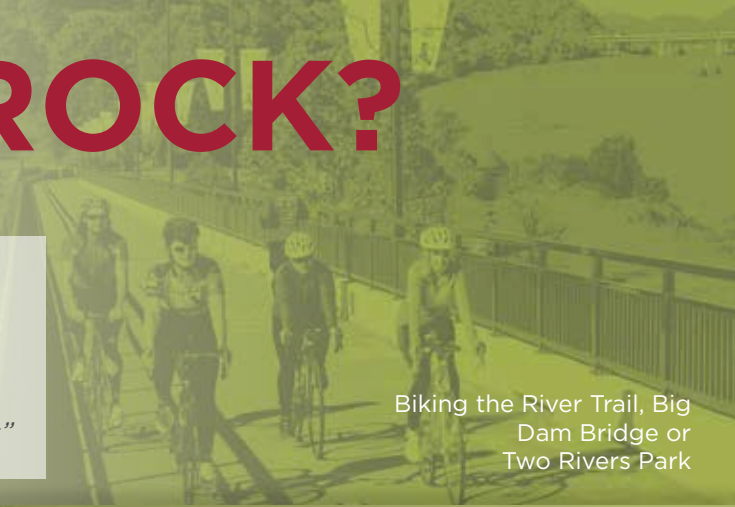


# WHY LITTLE ROCK?

UAMS PM&R Residents share their favorites

*"Little Rock and Arkansas are underrated – so many awesome outdoor activities and we don't have to fight traffic to get there! Cost of living is great, too."*

*"Awesome co-residents with diverse backgrounds and interests"*



Biking the River Trail, Big Dam Bridge or Two Rivers Park

## GETTING 'CULTURED'

at the Arkansas Arts Center,  
Central High School National Historic Site,  
The Arkansas Repertory Theater



## FAVORITE THINGS TO DO IN LITTLE ROCK

**Hiking, running or biking** the trails at **Pinnacle Mountain**

**Exploring shops and restaurants** in **Historic Hillcrest** or **SOMA District**

**Eating** across cultures at **international and southern food festivals**

## SO MUCH TO SEE IN THE NATURAL STATE

**Canoe or kayak** the **Buffalo National River** in Northern Arkansas

**Discover** world-famous artworks at **Crystal Bridges Museum of American Art** in Bentonville

**Spend the weekend** in **Hot Springs**, America's first national park

**Fish or boat** **Greer's Ferry Lake, Table Rock Lake**, or of the many lakes in the state

**Take trip to Mount Magazine**, Arkansas' tallest peak



**Physical Medicine  
& Rehabilitation Residency**

**UAMS** | College of Medicine

Photos courtesy Arkansas Department of Parks and Tourism