



UAMS physical medicine & rehabilitation

FAST FACTS

OUR MISSION

To improve the health, quality of life, and function of individuals with acute and chronic musculoskeletal conditions, brain and spinal cord insults, and neuromuscular disorders through

- Compassionate, patient-centered, and team-oriented delivery of the highest quality patient care
- State-of-the-art and evidence-based education of students, physicians, clinical investigators and allied health providers
- Public service to Arkansas and to the national and global community
- Research which generates new knowledge that can be applied to the health and functional challenges that face our world.



DEPARTMENT CHAIRPERSON

Kevin M. Means, M.D.



Professor Kevin M. Means, MD, is the Associate Residency Program Director and the Department Chairman in the UAMS Department of Physical Medicine and Rehabilitation (PM&R). Dr. Means received his doctoral degree from Howard University School of Medicine in Washington, D.C. and completed his residency at the Rehabilitation Institute of Chicago. After residency, he came to Arkansas as a founding faculty member of the UAMS Department of PM&R and was instrumental in developing the residency program. In 2015, Dr. Means was a named recipient of the ACGME Parker J. Palmer Courage to Teach Award, honoring educators who foster innovation in resident education.

Dr. Means' area of clinical expertise is in geriatric rehabilitation and is internationally recognized for his research and clinical work in prevention of falls and rehabilitation of balance disorders. His clinical practices are at UAMS and at Baptist Health Rehabilitation Institute (BHRI) where he is also the Medical Director.

UAMS physical medicine & rehabilitation

FAST FACTS



EDUCATION

- Categorical four-year residency program with 16 PGY1 through PGY4 resident physicians
- Residents train at UAMS, Arkansas Children's Hospital (ACH), BHRI, and the Central Arkansas Veteran's Healthcare System (CAVHS)
- **PGY1 year develops** fundamental clinical skills in PM&R, radiology, internal medicine, neurology, geriatrics, pediatrics, and orthopedics
- **PGY2 through PGY4 years provide** clinical experience in both neuromuscular and musculoskeletal diagnosis including comprehensive rehabilitation of severe physical disabilities
- Clinical experiences include spinal cord or traumatic brain injury, stroke, amputation, electrodiagnosis, management of acute and chronic musculoskeletal problems, and management of chronic pain syndromes
- Ten faculty members practice at UAMS as well as Arkansas Children's Hospital (ACH) and BHRI

PRACTICE SITES

- UAMS is the only academic medical center and level 1 Trauma center in Arkansas as well as a major institute for Spine and Oncological care
- UAMS physicians care for patients with various disabilities including amputations, neuromuscular and musculoskeletal disorders, spinal cord injury, and chronic pain
- ACH, the seventh largest pediatric hospital in the country and the only pediatric medical center in the state, has a strong pediatric rehab program with a 20-bed inpatient rehabilitation pediatric unit and regular clinics for myelomeningocele, muscular dystrophy, and cerebral palsy
- BHRI is a free standing rehabilitation institute with extensive on-site outpatient facilities as well as multiple satellite therapy centers

TRIUMPH PROGRAM

- Tele-Rehabilitation Interventions through University-based Medicine for Prevention and Health (TRIUMPH) targets patients with limitations in mobility, sensation and other functional abilities by providing 24/7 call center access for on-the-spot triage and consultation
- Faculty conduct telemedicine appointments for Arkansans living with spinal cord injury and traumatic brain injury
- TRIUMPH produces monthly live-streamed multidisciplinary talks centered around chronic disease, health care trends, and inter-professional collaboration

